## Are you a Carer?

Please let a member of the practice team know you are a carer. We can offer Carers:

- Annual Flu jab
- Referral to Social Services for a Carers Assessment if requested

## For more information on Carers, please speak to the Reception Team

We hold a Drop-In Session the first Friday of every month with Stockton Carers 10am-12noon.

Please call in.

## **Useful Information/Numbers:**

Stockton Carers—01642 524494

Citizens Advice Bath Lane Stockton. Tel: 01642 633877

First Contact, Social Services, Stockton on Tees Tel; 01642 527764

Social Services Emergency Duty Team (Out of Hours office) Tel; 01642 631123

Bridges, Stockton – family & carers service - providing support for carers, children, parents and all family affected by substance misuse and alcohol issues. Tel: 01642 605222

## There are useful links on the practice website for Carers:

www.kingswaymedicalcentre.co.uk

Information regarding Stockton Carers :

https://www.stockton.gov.uk/adultservices/support-for-carers/list-of-carer -support-services/